

Lakeville Behavioral Health Client Privacy Statement

There are laws that protect your rights as a client of this clinic. This statement of rights applies to your current contact with this clinic and all future contacts whether the contact is in person, by telephone, or by mail. If you have any questions about this statement or any of your rights as described, you may discuss them with your counselor or any other staff person. Specific information about how you can get copies of data, appeal accuracy and completeness of data, request summary data, and other procedures are available upon request.

DATA PRIVACY - The Minnesota Government Data Practices Act requires us to tell you:

- Why we ask for information;
- Whether you must give it or can refuse to give it;
- What will happen if you give or don't give the information; and
- Who else may see the information.

PURPOSES - The information we ask from you will be used for determining what help you need, developing a treatment plan, and giving you the services you want. The information will also be used for determining if you can pay for the services or if you can collect payment from other persons such as insurance companies or social service agencies.

LEGAL REQUIREMENTS AND CONSEQUENCES - There is no law that says you have to give us any information. But if you do not give us some information we will be unable to help you or our help will be delayed. If you are here because of a court order and you refuse to provide information, that refusal may be communicated to the court. Without certain information, we may not be able to tell who should pay for your care.

SHARING - Information we have about you may be shared with other agencies or individuals under the following circumstances:

- If you give consent to share information or if we get a court order;
- If a law says we have to give information, including laws that require reporting child abuse or vulnerable adult abuse, or if a client is a danger to himself or another person.
- If there is a contract granting access, including the release of information to auditors and accrediting agencies;
- To staff in this clinic who need the data to do their jobs;
- To other therapists in this clinic for purposes of consultation regarding your treatment or care;
- To tell family members or other persons about your condition in accordance with acceptable medical practice, including the release of information in emergencies;
- To get the service fees due us through the courts or collection agencies;
- Workers Compensation, if you see us for a work related emotional problem;
- To the Secret Service to report security threats; and
- To a coroner / medical examiner if you die and your death is investigated.

MINORS - If you are under 18, you may request that data about you be kept from your parents. You must give us your request in writing, describe the data and tell us why you don't want your parents to see it. If, after receiving your request, this center believes that giving the data to your parents is not in your best interests, we will withhold the data from them. If you are 16, you may ask for mental health services without the consent of your parents but you might have to pay for the services if you don't want your parents to know. Ask your therapist about this.

ACCESS - You may see and have copies of most of the information about you. You may not see data that is confidential or data about another person without that person's consent.

PLANNING YOUR TREATMENT - You have the right to help develop your treatment plan. You have the right to help determine the best treatment options.

PATIENT RIGHTS:

- In your interaction with Lakeville Behavioral Health staff, you have the right to be treated with respect, dignity and privacy.
- You have the right to make complaints about Lakeville Behavioral Health staff, services or other care given by providers.
- You have the right to know about covered services and benefits offered under your plan, and how to seek care services.
- You have the right to receive timely care consistent with your need for care.
- You have the right to know all the facts about any charge or bill you receive, no matter who is making payment.

PATIENT RESPONSIBILITIES:

- You have the responsibility to provide information (including past treatment records) that Lakeville Behavioral Health may need to plan your treatment.
- You have the responsibility to learn about your condition and work with your provider to develop a plan for your care.
- You have the responsibility to follow the plans and instructions for care you have agreed to with your provider.
- You have the responsibility to notify Lakeville Behavioral Health and your provider of changes to medical or mental health and/or phone number changes.

Please sign this form. Your signature shows that you understand it.

Signature

Date

Lakeville Behavioral Health, LLC
10535 165th Street West
Lakeville, MN 55044
Phone (952) 435-0022 Fax (952) 435-0095

Authorization to Release Information for Benefits

I authorize Lakeville Behavioral Health to release information, including medical records, to my insurance company or the designee of my third party payer (authorized agent) as may be necessary to determine benefits and to process health care claims for my health care visit(s) at Lakeville Behavioral Health, LLC.

Professional Services and Fees

I, the undersigned, understand that I am responsible for payment in full for services incurred at Lakeville Behavioral Health. I also understand that, I am responsible for any deductible or percentage not paid for by my insurance. I understand that, as a courtesy, Lakeville Behavioral Health will attempt to bill my insurance company with the information I provide.

If for any reason, the insurance company fails to pay the amount estimated, I am responsible for the balance

I agree to a charge of \$250.00 for the initial appointment at Lakeville Behavioral Health. This includes fifty minute appointment, set up costs, initial paperwork and charting.

I agree to a charge of \$190.00 per hour for each additional sixty minute appointment at Lakeville Behavioral Health.

NOTE:

*I understand I will be charged a late/cancellation fee of **\$100.00** for any scheduled appointments that I fail to attend or that I do not cancel within 24 hours prior to the scheduled appointment time. I also understand that cancellations for Monday appointments must be made before noon on Friday to avoid the late cancellation fee.*

Insurance Provider: _____

**Estimated Insurance Benefits Provided by Your Insurance Company to
Lakeville Behavioral Health, LLC**

Deductible: \$_____ Insurance Covers: _____% Personal: _____% Co-Pay per visit: \$_____

Maximum insurance benefits paid by the Insurance Company: \$_____

I understand that the estimated insurance benefits that were given to Lakeville Behavioral Health by my insurance company may not be the same as the actual payments made by my insurance company, and that I am responsible for any portion not covered by my health insurance plan.

Patient Signature (or Responsible Party)

Print Patient's Name

Date

Relationship to Patient

Copy to Client

Medical Contact Form
Lakeville Behavioral Health, LLC
10535 165th Street West - Lakeville, MN 55044
Phone (952) 435-0022 Fax (952) 435-0095
info@lbhealth.net

Patient Name: _____ Date of Birth _____

Client Signature: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

Relationship to Patient: _____

YES. **I WOULD** like my primary care physician notified that I have been seen at LBH.

NO. **I WOULD NOT** like my primary care physician notified that I have been seen at LBH.

IF YES, complete below.

IF NO, do not finish form.

Primary Care Physician: _____

Clinic Name: _____

City: _____

Phone: _____ Fax: _____

Authorization for Release of Confidential Information:

By signing above, and checking YES, I authorize to Receive from or Release to physician named above and LBH, any or all records.

I also authorize written and verbal communication between the physician and LBH.

These records are for the purpose of treatment coordination.

This authorization will remain in effect for one year from the date of signature and may be cancelled by me in writing at any time.

For the physician: this form indicates that the above patient has been seen at LBH.

DO NOT FORWARD TO ANOTHER PERSON OR AGENCY. Minnesota Govt. Practices Act (Chapter 328: H.F.738.S.F. 1213, 7/1/91, FEDERAL LAW VOLUME #40, PART IV, 7/1/75 LBH 1-2017

Lakeville Behavioral Health, LLC

Intake Form - Adult

Today's Date: _____

Name: _____ D.O.B. _____ Age: _____ Gender: _____

How did you hear about our clinic? Friend Physician Insurance Internet Ad

Highest level of education completed: _____ Do you work: Part-time Full time

Occupation: _____ Employer: _____

Have you ever served in the military? Yes No If yes, what branch? _____

Marital Status: Single Engaged Living w/partner Married Divorced Separated Widowed
If married, is this your 1st 2nd 3rd marriage?

Briefly describe your concern(s): _____

Briefly describe your goal(s) for therapy: _____

Family and Psychological History:

Please list all family members currently residing in your household:

Name: _____ Age: _____ Relationship: _____

Name: _____ Age: _____ Relationship: _____

Name: _____ Age: _____ Relationship: _____

Name: _____ Age: _____ Relationship: _____

Name: _____ Age: _____ Relationship: _____

Name: _____ Age: _____ Relationship: _____

Please list if you have children not currently residing in your household:

Name: _____ Age: _____ Relationship: _____

Name: _____ Age: _____ Relationship: _____

Name: _____ Age: _____ Relationship: _____

Were you raised by **both** of your biological parents? Yes No If no, by whom were you raised?

bio mother bio father stepmother stepfather adoptive parent(s) foster family Other

Have your parents separated or divorced? Yes No If yes, how old were you at the time? _____

Are any of your parents deceased? Yes No If yes, who?

bio mother bio father stepmother stepfather adoptive parent(s) foster family Other

How old were you at the time of death(s): _____

Is there any history of alcoholism or drug abuse in your family of origin? Yes No If yes, who?

bio mother bio father stepmother stepfather Sibling Other relative _____

Is there any history of mental health issues in your family of origin? Yes No If yes, who?

bio mother bio father stepmother stepfather Sibling Other relative _____

Have you ever attempted suicide? Yes No If yes, when? _____

Please explain: _____

Have you ever engaged in any self-injurious or suicidal behavior? Yes, currently Yes, in the past No

Please explain: _____

Are you a survivor of childhood sexual abuse? Yes No

Are you a survivor of childhood physical abuse? Yes No

Are you a survivor of childhood emotional abuse? Yes No

Have you ever been sexually assaulted? Yes No

Have you had any other traumatic experiences? Yes No If yes, please explain: _____

Do you use alcohol and/or drugs? Yes No If yes, please describe your use: _____

Have drugs or alcohol ever been a previous concern in your life? Yes No If yes, please explain: _____

Medical and Medication History:

Do you have any significant health concerns and/or impairments or disabilities? Yes No

If yes, please identify: _____

Do you take medications for health concerns? Yes No If yes, please list: _____

Have you ever received a mental health diagnosis? Yes No If yes, please list: _____

Are you currently taking any prescription medication(s) for mental health reasons? Yes No

If yes, please list: _____

Have you taken any prescription medication(s) for mental health reasons in the past? Yes No

If yes, when?: _____ Medication: _____

Past Counseling and/or Treatment History:

Have you ever been in counseling or psychotherapy before? Or have you received outpatient mental health and/or chemical dependency treatment in the past? Yes No

If yes, please provide the date(s) of counseling/treatment and briefly explain the nature of that treatment:

From _____ to _____ Reason: _____ Where: _____

From _____ to _____ Reason: _____ Where: _____

From _____ to _____ Reason: _____ Where: _____

From _____ to _____ Reason: _____ Where: _____

Have you ever been hospitalized for mental health reasons, including chemical dependency? Yes No

If yes, please provide the dates, reasons, and what hospital:

From _____ to _____ Reason: _____ Where: _____

From _____ to _____ Reason: _____ Where: _____

From _____ to _____ Reason: _____ Where: _____

Are you currently seeing any counselors, social workers, psychologists, psychiatrists, alcohol or drug counselors or other therapists, and/or are you currently receiving social services of any kind? Yes No

If yes, whom are you seeing and what clinic or agency do you go to?

Name: _____ Agency: _____

Name: _____ Agency: _____

Name: _____ Agency: _____

Are you currently involved in any legal issues? Yes No If yes, please explain: _____

Social and Other History:

What activities do you participate in for physical exercise? _____

What activities do you participate in for leisure (hobbies, recreation, relaxation, etc.): _____

Do you practice any religious or spiritual beliefs? Yes No If yes, what? _____

Check the following places you find social connection and/or support: Parents Siblings

Significant other Friends Other relatives Faith community Work School

Other: _____ Other: _____

Adult Problem Checklist:

The following is a list of problems and symptoms that people experience. Please check those that you have experienced over the past month.

- Sadness
- Crying more than usual
- Loss of interest or pleasure in activities
- Weight loss or gain (circle)
- Decrease or increase in appetite (circle)
- Fatigue or low energy level
- Concerns about eating
- Feelings of hopelessness
- Feelings of worthlessness
- Difficulty concentrating
- Suicidal thoughts
- Thoughts of harming others
- Anxiousness
- Panic Attacks
- Shortness of breath
- Worried about health
- Fears
- Trouble falling or staying asleep
- Depressed mood
- Compulsion to do things
- Socially withdrawn
- Trouble with memory
- Outburst of anger
- Legal difficulties or problems with the law
- Disturbing thoughts
- Fear of losing control
- Trouble making decisions
- Dizzy or unsteady feelings
- Irritable
- Sexual concerns
- Financial problems
- Family problems
- Marital problems
- Problems in the workplace

Strengths:

Please check which of the following items describe your strengths:

- Hard worker
- Patient
- Tolerant
- Learns from experience
- Makes good decisions
- Athletic
- Healthy
- Physically strong
- Courageous
- Responsible
- Honest
- Creative
- Enthusiastic
- Adaptable
- Flexible
- Not easily upset
- Cheerful/Optimistic
- Follows directions
- Dependable
- Persistent/Determined
- Assertive
- Independent
- Average or (+) Intelligence
- Good memory
- Liked by others
- Outgoing
- Caring
- Thoughtful
- Seeks support from others
- Can compromise and share
- Nurturing towards children
- Helpful, supportive
- Accepts comfort and guidance
- Expresses feelings and problems
- Feels capable
- Self-forgiving, doesn't dwell on mistakes